



**INFORMATION BOOK
FOR VISITING
STUDENTS**

**LIVRET D'ACCUEIL
DES ETUDIANTS
ETRANGERS**



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A. IFMA in its environnement : Auvergne and Clermont-Ferrand

1. The Auvergne region

In the heart of the Massif Central, Auvergne - composed of Allier, Puy-de-Dôme, Cantal and Haute-Loire departments - is a huge green area, with lakes, woods and volcanos. There, we find the two nature reserves of Livradois-Forez and Auvergne's volcanos, more than 500 Romanesque churches and almost 50 castles to visit.

Auvergne is the biggest volcanic area in Europe - composed of 80 craters of the Puys range, the mounts Dôme, the mounts Dore, the mounts of Cantal and the mounts of Velay - forming a marvelous place for outdoor activities (hiking, mountain biking, climbing, paragliding...)

To obtain more information : <http://www.cr-auvergne.fr/>

2. Clermont-Ferrand

2.1. Introduction

With more than 250 000 inhabitants, Clermont and its suburbs is an active regional metropolis. Administrative and economic capital of Auvergne and motorway crossroads at the centre of Europe, Clermont-Ferrand is an active research centre, enriched by its university function (35 000 students).

Born from the union, in the 17th century, of Clermont - city of the bishops - and Montferrand - city of the counts of Auvergne - Clermont-Ferrand is spreading at the foot of the Puys range and its eighty volcanos. The city is classified "city of art" and the two millenia of history of Clermont-Ferrand are present through the stones of its old centre where one can admire Notre-Dame-Du-Port church (Romanesque art) and the Gothic cathedral.

For additional information : <http://www.ville-clermont-ferrand.fr/>

<p style="text-align: center;">Maison du tourisme Place de la Victoire 63000 Clermont-Ferrand Tel : 04.73.98.65.00 Web : http://www.clermont-fd.com/</p>

2.2. Industry

The companies of Clermont and its suburbs are active in several fields:

- ✓ rubber with one of the tire world leaders, MICHELIN
- ✓ metallurgy and mechanics with the industrial workshop of aeronautics (A.I.A.) or special steels (Aubert et Duval)
- ✓ pharmacy and medical equipment with MSD-Chibret and RETI
- ✓ agribusiness with Limagrain and DANONE firms and mineral water with Volvic and Mont-Dore
- ✓ printing and paper-making with the national printing works of the Bank of France.

2.3. Higher education

Clermont-Ferrand is dynamic university town as about 35 000 students come each year to its two universities and other academic institutions offering various trainings.

a. Universities

✓ University of Auvergne (Clermont I)

The University of Auvergne is a university of the tertiary sector (Law and Political Sciences, Economic Sciences and Management, Institute of Training to General Administration), of the technological sector (IUT, IUP), and of the Health sector (Medicine, Pharmacy, Surgery, Dentistry) with 11 500 students.

✓ Université Blaise Pascal (Clermont II)

It is the university of Literature and Social Sciences, Languages, Psychology, and Sciences. There are 6 scientific departments including 39 research laboratories of which 17 are associated to the C.N.R.S. (National Scientific Research Centre) and 2 to I.N.R.A. (National Institute of Agronomic research). It offers each year 150 courses followed by 15 900 students.

b. Engineering Schools

- ✓ Centre Universitaire des Sciences et Techniques (CUST)
- ✓ Ecole Nationale des Ingénieurs des Travaux Agricoles (ENITA)
- ✓ Ecole Nationale Supérieure de Chimie (ENSCCF)
- ✓ Institut Français de Mécanique Avancée (IFMA)
- ✓ Institut Supérieur d'Informatique, de Modélisation, et de leurs Applications (ISIMA)

c. Other schools

- ✓ Ecole d'Architecture
- ✓ Ecole Nationale des Impôts
- ✓ Ecole Supérieure de Commerce
- ✓ Ecole Supérieure des Beaux-Arts

B. IFMA

1. Introduction

The French Institute for Advanced Mechanics, founded in 1991, has installed the latest technology in an environment designed for the 21st century but, first and foremost, it houses a multi-skilled and highly specialized team. This makes for a dynamic environment dedicated to learning, research and technological transfer in which all members of staff are concerned with training entrepreneurs with an international focus.



2. Studying at IFMA

2.1. Courses

Visiting students can choose projects or the teaching units (Unités de Valeur - UV) they want to follow in the different departments (PSt – Products and structure ; MMS – Machines Mechanisms and Systems ; SPA – Advanced Manufacturing Systems). Each UV represents 80 to 120h in the semester and is composed of classes, lab time, tutorial classes and assisted personal work. The UVs are listed below :

- ✓ First year UV :
 - First semester
 - Rigid solids Mechanics.
 - Mathematics for the Engineer 1.
 - Electronics, electrotechnics, and automatic control 1.
 - Foundation in design and manufacture 1.
 - Human and social relations 1.
 - Second semester
 - Mechanics of continuum - materials.
 - Mathematics for the Engineer 2.
 - Electronics, electrotechnics, and automatic control 2.
 - Foundation in design and manufacture 2.
 - Human and social relations 2.
 - Languages 1.
- ✓ Second year UV :
 - First semester
 - Human and social relations 2 (internship)
 - Computer science
 - Geometrical modelling
 - Materials behaviour modelling
 - Design of products and structures
 - Mechanisms and Robotics
 - Motorisation and power transmission
 - Manufacture technology
 - Modelling and simulation for the dynamic analysis of manufacturing systems
 - Research and design methods
 - Second semester
 - Structural design and optimisation
 - Construction and manufacture technology
 - Materials choice for mechanical design
 - Machines and robots control
 - Innovation and design methods
 - Control engineering and process control
 - Analysis and design of production systems
 - Production management and quality
 - Project
 - Industrial management
 - Economics
 - Foreign Language 2

✓ 5th semester

- 2nd year internship
- Dynamics
- Reliability and Quality
- Integrated Design
- Mechanisms in real functioning conditions
- Complex system integration
- Calibration, Identification
- Test and Control
- Modelling and simulation of manufacturing systems
- Operational research
- Integration of manufacturing systems
- Project
- Human and social relations 3
- Foreign languages 3
- Emphasises (electives)

2.2. French language at IFMA

a. Required French level

A minimal level of French is required to follow the classes which are only given in French.

b. French remedial course

There are no French classes at IFMA but the Service Universitaire des Etudiants Etrangers (SUEE) give classes for all levels. Classes are divided in two independent sessions :

- ✓ from October to the end of January for the first session
- ✓ from February to the middle of June for the second session

IFMA students can follow 5 hours of classes per week for 13 weeks. If they want to follow 15 hours of classes per week, they will be requested to make a financial contribution.

SUEE
34 avenue Carnot
63006 CLERMONT-FERRAND CEDEX 1
Tel : Secretariat : (0)4 73 40 64 97
Information : (0)4 73 40 64 96
E-mail : suee@univ-bpclermont.fr

2.3. The academic year

1 st semester (autumn)	2 nd semester (spring)
1 st and 2 nd weeks of September : start of the new academic year	February : winter holidays (1 week)
End of October / beginning of November : Toussaint holidays (1 week)	April : Easter holidays (2 weeks)
End of December / beginning of January : Christmas holidays (2 weeks)	End of May : end of classes for the 2 nd year students
End of January : end of the first semester	End of June : end of classes for the 1st year students
	End of June : awarding of the diplomas

3. Student life at IFMA

3.1. The Bureau Des Elèves (BDE)

The BDE, which is the umbrella for the other associations and clubs, is also responsible for the integration of new student engineers (organised evenings, sporting activities, a long introductory weekend). They also manage the foyer des étudiants, a place where the students meet to relax during the day or in the evening.



3.2. The Bureau Des Sports (BDS)

The BDS covers sports as diverse as football, rugby, handball, water polo, basketball, volleyball, fencing, skiing and surfing, rock climbing, table tennis, tennis and karting.

4. Contacts

The IFMA has its own web site where you can find additional information : <http://www.ifma.fr/>

For any other information , contact the International Office:

IFMA
 Relations Internationales
 Campus de Clermont-Ferrand
 Les Cézeaux
 BP 265
 63175 Aubière Cédex
 E-mail : relinter@ifma.fr
 Tel : 04.73.28.80.00

C. Administrative procedures

1. Before you leave

1.1. Applying to IFMA

Send a letter to the International Office to support your application and your CV and give the approximate dates of your stay. Say if you want to follow courses or to do a final year industrial project .

An acceptance letter with an application form to book a room in a hall of residence will be sent to you later.

Then, you must choose the courses you would like to follow at IFMA or choose a project in a list that will be sent to you, according to the training you have followed in your country.

A language teacher, in collaboration with the International Office, will help you to prepare your stay, will meet you when you will arrive, and will be at your disposal if you have any problems during your stay. The students doing a final year project will also be followed by a teacher.

Do not forget to tell the school the day and the time of your arrival so that we can welcome you in the best way.

1.2. Documents to bring with you

- ✓ your valid **passport** or **identity card** (for the European Union).
- ✓ **student** visa, compulsory for the non-Europeans.
- ✓ several copies of your birth certificate (with the maiden name of your mother) or marriage certificate and a certified translation of the original issued within the last 3 months.
- ✓ Your **degree certificate** with a certified translation of the original.
- ✓ full **social security** or health insurance coverage **certificate** E128 (or E111) for students belonging to the E.E.E. Non-European students younger than 28 are obliged to join the French Students Health Insurance Scheme - about 168.
- ✓ several black & white passport size **photos**.
- ✓ **proof of financial resources** totalling a minimum of 427 € each month, except for ERASMUS students.

2. When you arrive

2.1. Residence permit

If you come from one of the countries listed below, you do not need a visa, but a residence permit is necessary for a stay of more than 3 months. Moreover this document is required to claim housing benefit.

The 18 member countries of the "European Economic Area" (E.E.E.) are :

Germany	Denmark	France	Italy	Luxembourg	Portugal
Austria	Spain	Greece	Iceland	Norway	United Kingdom
Belgium	Finland	Ireland	Liechtenstein	Netherlands	Sweden

If you come from another country, you have to get a "long stay" visa for periods over 3 months. Before arriving, you should, first of all, ask for a "long stay" visa from the French Embassy in your own country. Refuse any kind of visa marked "dispense temporaire de carte de séjour", as it does not entitle you to a residence permit which is necessary to claim housing benefit.

As soon as you arrive you must go to the Prefecture for a student's residence permit. It costs 55 €.

Préfecture du Puy-de-Dôme
18 bd. Desaix
63000 Clermont-Fd
Tel : 08 21 80 30 63

Opening hours (non stop) : from Monday to Thursday, from 8h15 to 15h30
Friday from 8h15 to 15h

You should produce the following documents :

- ✓ Passeport or identity card
- ✓ Visa, for non-European students
- ✓ birth certificate translated into French
- ✓ proof of fixed abode in the Département of the Puy-de-Dôme
(rent payment receipt or document certified by hall of residence or foyer)
- ✓ proof of enrolment at IFMA
- ✓ proof of financial resources (grant or scholarship certificate, proof of personal means, or parents or someone else undertaking to pay a sum of money for the student)
- ✓ certificate of reciprocal agreement with the French Social Security for non European students or E128 form (or E111) for European students
- ✓ identity photographs (black and white)
- ✓ a stamped self-addressed envelope

2.2. Social Security cover

a. Members of the European Economic area

Students registered in a European university should come to France with an E-128 (or E-111) form which can be obtained from their local Social Security Office at home.

They take this form and particulars of their bank account to the Social Security Office (C.P.A.M.) in Clermont-Ferrand (migrants service) to claim back medical expenses.

However, this does not guarantee complete reimbursement for medical fees. students are therefore strongly advised to take out a complementary insurance with "La Mutuelle des Etudiants" or the SMERRA (student insurances) to cover medical fees completely.

CPAM (Service Migrants)	SMERRA	La Mutuelle Des Etudiants
Rue Pélissier	63 Boulevard Côte Blatin	57, Boulevard François Mitterrand
63100 Clermont Ferrand	63000 Clermont Ferrand	63000 Clermont Ferrand
Tel : 04-73-42-81-57	Tel : 04.73.35.16.95	Tel : 08-10-60-06-01
8 h 30 to 17 h		

b. Non-European countries

There are special agreements for students coming from Québec if they bring the SE 401 Q 102 Bis form and their student card.

Students from other countries must register with the French Social Security. The annual fee is about 168 €. They can chose either "La Mutuelle des Etudiants" or SMERRA where they should go with the following documents :

- | |
|------------------------------|
| ✓ IFMA enrolment certificate |
| ✓ proof of ressources |
| ✓ residence permit |

This registration will enable you to get your money back. The percentage is based on the Social Security rates:

- ✓ hospitalisation : from 80% to 100%.
- ✓ medical care : 70%.
- ✓ medicines : 35% to 65 % (sometimes 100%).
- ✓ medical auxiliary: 60%.
- ✓ dental care : 70%.
- ✓ optics : 65 %.
- ✓ Other health cares : 60% to 100% depending on their nature.

c. Students over the age of 28

Students over 28 must take out a private health insurance, no matter their nationality. They may benefit from the "Universal Medical Coverage" (C.M.U.).

d. Complementary insurance

As the Social Security does not give back the whole amount of money, students are strongly advised to take a complementary insurance (SMERRA, LMDE). Fees vary from 61 to 290 € according to the insurance and the chosen reimbursement rate. The complementary insurances reimburse everything or part of the difference between the agreed rate and the reimbursement percentage paid by Social Security.

2.3. Bank account

To open a bank account, you should come with the following documents :

- ✓ proof of fixed abode
- ✓ Passport or resident permit
- ✓ Student card or IFMA enrolment certificate

The bank will give you a check book, a credit card, and particulars of your bank account (RIB). The RIB (Relevé d'Identité Bancaire) gives your bank details and you will use it for your administrative procedures.

The IFMA has special agreements with the Société Générale bank, agency of St Jacques, which might have interesting offers.

Société Générale St Jacques
3, rue Henri Pourrat
63000 Clermont-Ferrand
Tel : 04.73.26.59.90

D. Coming to Clermont-Ferrand

1. How to get to Clermont-Ferrand

1.1. By plane

- ✓ Direct daily links with Regional airlines towards 6 European cities during the week (Amsterdam, Brussels, Geneva, London City, Milan and Turin).
- ✓ Various international destinations via Orly and Charles de Gaulle (2 airports in Paris).

Clermont-Ferrand **Airport** : <http://www.clermont-fd.cci.fr/aeroport/aeroport.htm>

1.2. By train

The SNCF (Société Nationale de Chemin de Fer) is the French train company. Numerous trains connect Paris with Clermont in 3h30. There are also direct links with Lyon, Dijon, Marseille, Tours,...

SNCF
 Hot line : 08 92 35 35 35
 : 08 91 67 68 69
<http://www.sncf.com/>

1.3. By coach

The Eurolines coaches arrive at the bus station, near the town centre.

<p>Gare routière publique 69, boulevard François Mitterand 63000 Clermont-Ferrand Tel : 04 73 93 13 61</p>		<p>Eurolines (Gare routière) http://www.eurolines.fr Tel : 04 73 29 70 05</p>
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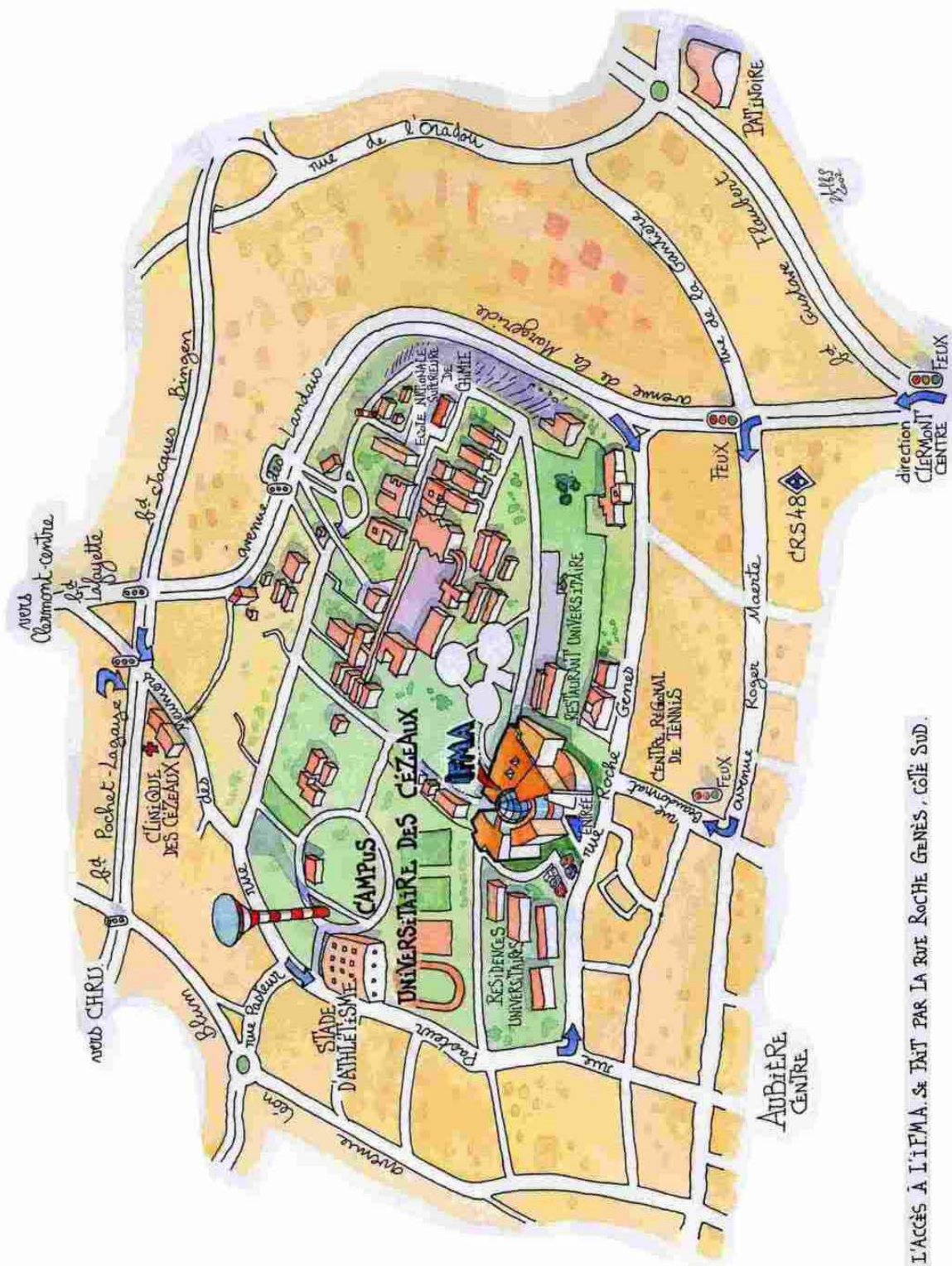
1.4. Accommodation when you arrive

If you do not have a room booked with IFMA, you can go to a hotel, or a youth hostel, or to the foyer home-Dôme for a few days.

2. Which way to the campus

2.1. Maps





- L'ACCÈS À L'IFMA SE FAIT PAR LA RUE ROCHE GENÈS, CÔTÉ SUD.

2.2. Means of transport to get to the campus

✓ From the airport

You can take a taxi or the bus linking the airport to the town centre (Place de Jaude). From place de Jaude, take n°8 bus going to Cézeaux. It will take you directly to the campus.

✓ From the train station

You can take a taxi or n°8 bus going to Cézeaux. It will take you directly to the campus.

✓ From the bus station

You can take a taxi or the bus. N°2 bus, going to Aubière, stops next to the IFMA (10 minutes walk from the stop called Le Mas). ; or take n°8 (direction Cézeaux), 150m from the station (stop Ledru – to go to this stop, follow the road in front of the station towards the right that you will find as soon as you go out. It is in front of the Law University – fac de droit). N°8 goes directly to the campus.

E. Living in Clermont-Ferrand

1. Accommodation

1.1. With CROUS

The organisation responsible for the halls of residence is the CROUS (Centre Régionaux des Œuvres Universitaires et Scolaires). For visiting students, the IFMA can book a room with the CROUS, in the Cézeaux Hall, near the school. Reply to the letter concerning accommodation in halls which was sent by the International Office (information and commitment form), accompanied of the guarantee check.

The rooms are equipped with a washbasin, a single bed, a cupboard, a table and a chair. Toilets, showers and a kitchenette are shared on each floor. It is not permitted to cook in the rooms but you can use electric coffee-maker and kettle. Rooms are small and simple but quite reasonable.

Students commit themselves to paying the rent of the room :

- ✓ For 10 months, from the 1st of September to the 30th of June, if they are studying in France for one school year.
- ✓ For 5 months, from the 1st of September to the 31st of January or from the 1st of February to the 30th of June, if they are studying in France for one semester.

The monthly rent must be paid for the whole period irrespective of the date of arrival or the date of the end of the courses. A guarantee of approximately 125 € will be requested as soon as you arrive in the hall. The rent is about 116 € per month.

CROUS

25, rue Etienne Dolet
 63000 Clermont-Ferrand
 Tel : 04.73.34.44.00
 Web : <http://www.cnous.fr>
<http://www.crous-clermont.fr>



1.2. Other ways

You can find a flat thanks to various ads. The newspaper called INFO, which is published every Monday, has numerous ads. You can also have a look at the notice boards of Espace Info Jeunes and CROUS.

Espace Info Jeunes

5, rue St Genès
 63000 Clermont-Ferrand
 Tel : 04.73.92.30.50

Info

7, place de Jaude
 63000 Clermont-Ferrand

You can also live in a hostel or a hall where you can have your meals (included in the price of the rent).

Résidence Le Rabelais
 22, rue des Meuniers
 63000 Clermont-Ferrand

Tel : 04.73.91.11.05

Résidence Apollinaire
 18 bis, rue Jean Richepin
 24, rue Henri Barbusse
 63000 Clermont-Ferrand
 Tel : 04.73.91.52.38

Résidence-Hôtel City par Maéva
 Carré Jaude

9, rue Giscard de la Tour Fondue
 63000 Clermont-Ferrand

Tel : 04.73.17.46.00

E-mail : cityclermont@aol.com

Résidences du Corum Saint Jean
 17 rue Gaultier de Biauzat
 63000 Clermont-Ferrand

Tél. : 04.73.31.57.00

<http://perso.wanadoo.fr/corum.st.jean>

Résidence Le Verlaine
 17 et 19, bd Pochet Lagaye
 63000 Clermont-Ferrand
 Tel : 04.73.91.52.38

1.3. Insurance

You must take out insurance for the time of your lease (fire, water damage, burglary...). The insurance companies for students (La Mutuelle Des Etudiants and SMERRA) have contracts with interesting prices.

The CROUS also offers contracts from a few agencies (information at the "logement en ville" service : 04.73.34.44.11).

1.4. Housing benefit

You can ask for a housing benefit, that is to say financial help to pay your rent. You must draw up a file and give it to the Caisse d'Allocation Familiale (CAF). According to the kind of flat you have, you will ask for APL (Aide Personnalisée au Logement) or d'ALS (Allocation Logement à caractère Social).

You can get your application form at the CAF or, to avoid waiting, you can obtain it from the Internet, print it and send it.

CAF
 2, rue Pélissier
 63100 Clermont-Ferrand
 Tél : 04.73.14.52.00
 Web : <http://www.caf.fr>

The documents to provide with your application form are :

- ✓ Housing application form duly completed and signed
- ✓ Rent certificate
- ✓ Official details of bank account
- ✓ Passport photocopy
- ✓ Residence permit photocopy
- ✓ Proof of resources for the previous year or scholarship/ grant award certificates
- ✓ IFMA enrolment certificate

2. Services for students

2.1. Catering

All the students can eat in a Restaurant Universitaire (RU). The student card is the only document you need to have access to it and to buy the tickets (book of 10).

You can have a whole meal (starter, main course, vegetables, cheese and desert) for a ticket at 2,50€.

Here are the RU addresses :

<p>Lebon 28, boulevard Côte Blatin 63037 Clermont-Ferrand Tél. 04 73 43 72 59</p>	<p>Clos Saint-Jacques (Dolet) 25, rue Etienne Dolet 63037 Clermont-Ferrand Tél. 04 73 34 44 02</p>	<p>Les Cézeaux Campus des Cézeaux 63170 Aubière Tél. 04 73 28 89 50</p>
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2.2. Sport

- a. With IFMA (see B.3.)
- b. With SIUAPS

The Service Inter-Universitaire des Activités Physiques et Sportives offers all students physical and sporting activities. The IFMA students have free access to SIUAPS activities. However, for a few sports, a financial contribution is requested.

To register, go to the SIUAPS with the following documents :

- ✓ student card (or enrolment certificate)
- ✓ one identity photograph
- ✓ a check or cash for the activities you must pay for

SIUAPS
15 bis, rue Poncillon
Tél : 04.73.29.32.00
Web : www.univ-bpclermont.fr/SERVICES/siuaps/

Opening hours :

Monday	from 10h00 to 12h00 and from 16h00 to 19h00
Tuesday	from 10h00 to 12h00 and from 16h00 to 18h00
Wednesday	from 10h00 to 12h00
Thursday	from 10h00 to 12h00 and from 16h00 to 19h00
Friday	from 10h00 to 12h00

2.3. Libraries

Thanks to your student card, you have access to all the BMIU libraries system (Bibliothèque Municipale et InterUniversitaire). The catalogue of what you can borrow is accessible on the web site of the : <http://bmiu.univ-bpclermont.fr/>

The number of documents you can borrow and the time you can keep them change according to the different libraries. Your card allows you to borrow 15 documents from the BMIU system, apart from video cassettes (only one).

Be careful...if you bring back your documents too late, you will have to pay a fine.

- ✓ Médiathèque de Jaude : 9, place Louis Aragon

Documentaries, novels, video cassettes, tapes, papers, CD-ROM, books in foreign languages.

Opening hours :	Tuesday	14H - 18H
	Thursday	14H - 18H
	Wednesday	10H - 18H
	Friday	14H - 18H
	Saturday	10H - 17H



✓ University libraries :

- Literature and Human Sciences : 1, boulevard Lafayette
- Literature and Human Sciences(first and second year) : 29, boulevard Gergovia
- Law and Economical Sciences : 41, boulevard François Mitterrand
- Health : 28, place Henri Dunant
- Sciences and Technics : Cézeaux campus and a heritage department : 1, boulevard Lafayette
- IFMA Resource Centre

2.4. Health

The SSIU (Service Santé Inter-Universitaire) services are free for students.

The SSIU offers all these services in different places :

- ✓ Medical centre .
- ✓ Centre of psychological help.
- ✓ Free detection of HIV and hepatitis C.
- ✓ Social services (SSIU, CROUS)
- ✓ Reception of handicapped students in collaboration with Handi-Sup association.(Law of 1901).
- ✓ University preventive dentistry.

SSIU
 25 Rue Etienne Dolet
 63000 Clermont-Ferrand
 France
 04 73 34 97 20
<http://www.univ-bpclermont.fr/SERVICES/ssiu/>

2.5. Culture

a. Service Université Culture (SUC)

The Service Université Culture offers students artistic groups, concerts, shows and instruction in various fields (dance, cinema, literary creation, fine arts). If you play a musical instrument at a high level, there is an inter-university symphony orchestra.

Service Universités Culture (SUC)
 29, bd Gergovia
 63037 Clermont-Ferrand Cedex
 Tel : 04 73 34 66 03
 E-mail : SUC@univ-bpclermont.fr
 Web : http://www.univ-bpclermont.fr/presentation/services_communs/SUC.htm

Opening hours :

From Monday to Friday, from 9 h 00 to 12 h 00 and from 14 h 00 to 17 h 00 (Friday until 16h 00). Closed on Wednesday afternoon.

b. The CROUS

The CROUS cultural service livens up the campus thanks to shows (concerts, dance, theater), artistic groups (dance, music, fine arts, theater), a video club with thematic days.

c. Associations for visiting students

✓ Maison commune des étudiants étrangers

The aim of the Maison Commune des Étudiants Étrangers is to make life easier for them and to develop the necessary conditions for their integrations in everyday life and in higher education.

The Maison Commune des Étudiants Étrangers and the association "Unités culturelles" are opened to foreign and French students.

If you need more information or if you want to join them, you can contact the association :

"Unités culturelles"
34, rue Etienne Dolet
63000 Clermont-Ferrand

✓ French Ship

Its goal is to make the reception and integration of foreign students easier with cultural, sporting and festive activities.

French Ship
34, avenue Carnot
63006 Clermont-Ferrand Cedex 1
Tél. : 04.73.40.64.96
www.multimania.com/fship/

F. Practical information

1. Means of transport

1.1. Bus

Public transport in Clermont-Ferrand is provided by T2C. The price of one ticket is 1,20 € if you buy it when you get on the bus. You can also buy books of tickets (10) for 8,70 €.

The Passe bus étudiant (student bus pass) costs 27 € : it gives access to every bus service and you can travel as much as you want. To obtain this card, you must go to the T2C shop open from Monday to Friday from 8 h 30 to 18 h, and Saturday from 8 h 30 to 12 h.

Boutique T2C
 Place de Jaude
 Tél : 04 73 28 56 56
 Web : <http://clermont.guideville.com/T2C/>

1.2. Taxis

Allo Taxi Radio 04.73.19.53.53
 Taxi 63 04.73.31.53.15

2. The cost of living

10 RU tickets (restaurant)	25 €
1 cinema ticket	8 €
1 bottle of Cola	1,20 €
1 stamp for Europe	0,46 €
1 stamp for the rest of the world	0,67 €
1 Baguette (bread)	0,60 €
1 nightclub entry	10 €
1 sandwich	3,30 €
4 identity photographs	4 €

3. Shopping (food)

Most students go shopping to Auchan (avenue Jean Moulin in Aubière). It takes 5 minutes by car or 20 minutes walking.

4. Relaxing

4.1. Cinema

A cinema ticket is about 6 € for students.

- ✓ Ciné Jaude (town centre, on the 2nd floor of Centre Jaude)
- ✓ Ciné Capitole (32, place de Jaude)
- ✓ Le Paris (8, place de la Résistance, next to Jaude)
- ✓ Ciné Dôme (avenue Lavoisier in Aubière)

4.2. Going out

a. Bars, nightclubs

✓ Place de la Victoire (next to the cathedral)

It is a very pleasant big square when it is warm because its bars and terraces are under the trees, next to a fountain. The nicest are La Dernière Séance (Hollywood atmosphere) and Le Café Pascal.

✓ Place de Jaude

There are numerous bars surrounding the square. Le Bureau decorated in an old way, in a dark but very convivial atmosphere, Le Faisan Doré organizes karaoke evenings, Le Mulligan's is a pub, for Guinness, football and rugby enthusiasts. For the whiskey and beer enthusiasts, go to La Perdrix, 14 rue Terrasse, next to Jaude (open from 11AM to 2AM).

✓ Boulevard Trudaine

A succession of bars and restaurants all along the boulevard.

✓ Boudu's bar (56, avenue de la République)

Boudu is an emblematic figure of Clermont nights. It is easy to recognise him : small, white-haired, always on his roller skates. Open from 6PM to 4AM.

✓ Gormen's café (79, avenue Edouard Michelin)

One of the first dancing bars, in an old big shed, it is the meeting place for a majority of students. Every week, there are a lot of parties organized by students. Open from 20h to 2AM.

✓ La Makina (parc de la Beaumière, in Beaumont)

It is a nightclub (5 minutes drive from Clermont), facing Beaumont stadium, where there are a lot of parties organized by students.

Web site : <http://www.makina.fr>

b. Bowling, skating rink, billiards and karting

✓ Bowling (avenue du Brézet)

There are 18 computerized lanes, a bar, and billiard tables. Opened every day from 14h30 to 1h00 AM, Friday and Saturday until 2AM.

✓ Skating rink (155, boulevard Gustave Flaubert)

Clermont's skating rink, built in 1972, is now a convivial and attractive place, a leisure and sporting complex, indispensable to Clermont inhabitants.

✓ Billiards

- Académie de Billard Clermontoise ; 14, avenue de la République
- Billard Club Clermontois; 23, rue Eugène Gilbert
- Snook and Pool; 67 boulevard Côte Blatin

✓ Karting

Speed O Max Karting Indoor, 240 boulevard Etienne Clémentel

c. Concerts, festivals

✓ Maison des sports (place des Bughes)

Numerous concerts are organized throughout the year. You can buy your tickets at the FNAC shop, on the 1st floor of Centre Jaude.

✓ La Coopérative de Mai (place du 1^{er} mai)

It is a big concert hall equipped with sound system and lights. The concerts and the music bands are very varied. Very convivial atmosphere and very good programming. The web site can give you an idea of what is called the Coopé spirit : <http://www.lacoope.com>

✓ Festivals

- *Festival du Court Métrage / Short Film International Festival* (January) : this festival is the most important world cinema event concerning short films. In terms of audience and professional presence, it is the second cinema festival in France after Cannes.
<http://www.clermont-filmfest.com/>
- *Videofformes* (end of March): this event is divided in two major sections : the festival which lasts one week, and exhibitions which lasts another two weeks. VIDEOFORMES is a cultural association which exists to spread artistic creation in video and multimedia and to democratize access to the new technologies.
<http://www.videofformes.com>
- *Jazz en tête* (octobre): international festival of jazz each autumn. Great jazz names in concert and activities in the city.
- *Music feast / Fête de la musique* : every 21st of June, to welcome summer, the streets of Clermont and of all the towns in France are full of every kind of music band, amateurs or professionals, playing on every corner. A very festive and convivial atmosphere (but you must not be afraid of the crowd).
- *Clermont fête ses étudiants* (fin octobre) :
During one week, various events take place : party and games to welcome foreign students, cultural day (free entry for museums, discount on cinema), « bars en fête » (music bands playing in bars), huge party at the Maison des Sports organised by Boudu, numerous games in the town...

4.3. Shopping (clothes)

Jaude centre is the ideal place to go shopping. There are a lot of shops on the 3 floors and surrounding the square.

There are also a lot of shops in La Pardieu, very big but less pleasant.

4.4. CitéJeune card

If you are between 15 and 27 year old, you can have the CitéJeune card for the modest sum of 7,60 €. This card gives you a lot of discounts in shops ,on concert and cinema tickets (on sale at CitéJeune shop) and a lot of other advantages about which you can read in Citénews, the free monthly paper of this card.

Espace CitéJeune
 27-29, rue des Archers
 Tél : 04 73 14 08 62
<http://www.ville-clermont-ferrand.fr/vivre/jeunes/carte.htm>

5. Health

5.1. At university (see E.2.4.)

5.2. Doctors and pharmacies / chemist's

The price for a consultation is 20 € that you must pay immediately. The doctor will give you a form that you must send to your Social Security office which will reimburse you.

When you go to the chemist's, ask for the tiers payant (direct payment by insurers) if you have a certificate or a card proving that you are registered with the French Social Security. The tiers payant allows you to not have to advance the sum for the medicines. If you have complementary insurance, you will pay nothing or a very small percentage (2%) ; if you don't have one, you will have to pay about 30% of the sum.

5.3. Emergency

- ✓ SAMU (medical emergency) : ☎ : 15
- ✓ Firemen : ☎ : 18
- ✓ Police : ☎ : 17
- ✓ Hospital : ☎ : 04.73.75.07.50
- ✓ SOS MEDECINS : ☎ : 04.73.42.22.22
(doctors on duty during the night and weekend)

6. Phone

6.1. Normal phone

You must use France Télécom. You will pay for your rental and your consumption.

	0h	8h	19h	24h
lundi au vendredi		heures pleines		
samedi, dimanche et jours fériés	heures creuses			

Heures pleines : peak hours

Heures creuses : off-peak hours

To call France from abroad, you must dial this code : 0033. Then, you must dial the phone number without the 0. For example , if you want to call 04.73.28.80.28, dial 0033.4.73.28.80.28.

6.2. Mobile phone

There are 3 companies in France : Orange, Bouygues and SFR. They all offer phones with prepaid cards (pay-as-you-go), and phones with a set price to pay each month (in general, you must pay for at least one year).

6.3. Phonecards

Numerous phonecards are on sale in the tobacco shops. There are cards with phone units (France Télécom) more worthwhile for short-distance calls, and prepaid cards with a certain time credited.

7. Jobs

7.1. Agence Nationale Pour l'Emploi (ANPE)

The ANPE offers jobs in all sectors. You can have a look at the notice boards or go on its web site : <http://www.anpe.fr>

7.2. Temporary work

There are a lot of temporary work agencies (Vediorbis, Manpower, Adecco...) which offer temporary jobs at their agency or on the web.

7.3. Espace Info jeunes and CROUS

They offer jobs for students (baby-sitting, activity leader, housework...).

G. Useful addresses

Clermont-Ferrand airport : <http://www.clermont-fd.cci.fr/aeroport/aeroport.htm>

ANPE : <http://www.anpe.fr>

CAF :
2, rue Pélissier
63100 Clermont-Ferrand
Tél : 04.73.14.52.00
Web : <http://www.caf.fr>

Cité U et RU les Cézeaux : Campus des Cézeaux
63170 Aubière
Tél. 04 73 28 89 50

Cité U et RU Dolet : 25, rue Etienne Dolet
63037 Clermont-Ferrand
Tél. 04 73 34 44 02

Cité U et RU Lebon : 28, boulevard Côte Blatin
63037 Clermont-Ferrand
Tél. 04 73 43 72 59

Conseil Régional d'Auvergne :	http://www.cr-auvergne.fr/
CPAM (Service Migrants) :	Rue Pélissier 63100 Clermont Ferrand Tél : 04-73-42-81-57 8 h 30 à 17 h
CROUS :	25, rue Etienne Dolet 63000 Clermont-Ferrand Tél : 04.73.34.44.00 Web : http://www.cnous.fr http://www.crous-clermont.fr
Espace CitéJeune :	27-29, rue des Archers Tél : 04 73 14 08 62 Web : http://www.ville-clermont-ferrand.fr/vivre/jeunes/carte.htm
Espace Info Jeunes :	5, rue St Genès 63000 Clermont-Ferrand Tél : 04.73.92.30.50
Eurolines :	Gare routière http://www.eurolines.fr Tél : 04 73 29 70 05
French Ship :	34, avenue Carnot 63006 Clermont-Ferrand Cedex 1 Tél. : 04.73.40.64.96 www.multimania.com/fship/
Gare routière publique : (Bus station)	69, boulevard François Mitterrand 63000 Clermont-Ferrand Tél : 04 73 93 13 61
Hôpital (CHU) :	Route de Chateaugay 63000Clermont-Ferrand Tél : 04.73.75.07.50
IFMA :	Campus de Clermont-Ferrand - Les Cézeaux BP 265 63175 Aubière Tél : 04.73.28.80.00 Fax : 04.73.28.81.00 http://www.ifma.fr/
Info :	7, place de Jaude 63000 Clermont-Ferrand

Maison du tourisme :	Place de la Victoire 63000 Clermont-Ferrand Tél : 04.73.98.65.00 Web : http://www.clermont-fd.com/
Médiathèque de Jaude :	9, place Louis Aragon 63000 Clermont-Ferrand Web : http://bmiu.univ-bpclermont.fr/
La Mutuelle Des Etudiants :	57, Boulevard François Mitterrand 63000 Clermont Ferrand Tél : 08-10-60-06-01 Web : http://www.lmde.com
Police Secours	17
Pompiers	18
Préfecture du Puy-de-Dôme :	18 bd. Desaix 63000 Clermont-Fd Tél : 08 21 80 30 63
SAMU :	15
SIUAPS :	15 bis, rue Poncillon Tél : 04.73.29.32.00 Web : www.univ-bpclermont.fr/SERVICES/siuaps/
SMERRA :	63 Boulevard Côte Blatin 63000 Clermont Ferrand Tél : 04-73-35-16-95
SNCF :	Ligne directe : 08 92 35 35 35 Ligne vocale : 08 91 67 68 69 http://www.sncf.com/
Société Générale St Jacques :	3, rue Henri Pourrat 63000 Clermont-Ferrand Tél : 04.73.26.59.90
SOS Médecins :	04.73.42.22.22
SSIU :	25 Rue Etienne Dolet 63000 Clermont-Ferrand Tél : 04 73 34 97 20 http://www.univ-bpclermont.fr/SERVICES/ssiu/

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- SUC : 29, bd Gergovia
63037 Clermont-Ferrand Cedex
Tél : 04 73 34 66 03
E-mail : SUC@univ-bpclermont.fr
Web : http://www.univ-bpclermont.fr/presentation/services_communs/SUC.htm
- SUEE : 34 avenue Carnot
63006 CLERMONT-FERRAND CEDEX 1
Tél : (0)4 73 40 64 97
(0)4 73 40 64 96
E-mail : suee@univ-bpclermont.fr
- T2C : Place de Jaude
Tél : 04 73 28 56 56
Web : <http://clermont.guideville.com/T2C/>
- Unités culturelles : 34, rue Etienne Dolet
63000 Clermont-Ferrand
- Ville de Clermont-Ferrand : <http://www.ville-clermont-ferrand.fr/>